



Long Branch High School December 2022

Together We Can, Juntos Nós Podemos, Juntos Podemos



HOME OF THE GREEN WAVE

<p>December 1-2</p>	<p>Fruit & Granola Parfait Chicken Caesar Salad w/ Dinner Roll Crazy Cheese Cube Bento Box Triple Decker Peanut & Jelly</p>
<p>December 5-6-7-8-9</p>	<p>Fruit & Granola Parfait Teriyaki Grain Bowl Buffalo Chicken Salad w/Dinner Roll Chef Salad Bento Box Triple Decker Peanut Butter & Jelly</p>
<p>December 12-13-14-15-16</p>	<p>Fruit & Granola Parfait Lemon Pepper Chicken Rice Bowl Chef Salad w/Dinner Roll Fiesta Bento Box Triple Decker Peanut Butter & Jelly</p>
<p>December 19-20-21-22</p>	<p>Fruit & Granola Parfait Chicken Caesar Salad w/ Dinner Roll Crazy Cheese Cube Bento Box Triple Decker Peanut & Jelly</p>
<p><u>Available upon Request:</u> Vegetable Burger Almond Milk Gluten Free Wrap</p>	<p>HAPPY HOLIDAYS! SEE YOU NEXT YEAR!</p>

Due to nationwide product and ingredient shortages, menus are subject to change based on product availability. Although menus may change, our teams are working hard to ensure that students still have access to a variety of well-balanced and healthy meal options.

Sides Offered Daily with Lunch Choices

Fresh Vegetables, Specialty Made Salads,
Assorted Fresh Fruits or Canned Fruits
Assorted 100% Juices
Assorted Low Fat and Skim Milks
& Lactaid Milk